

# BOWEL CARE THAT MEETS INDIVIDUAL NEEDS



**Navina™**

“

*I wish this therapy had been introduced to me earlier in my injury, it makes bowel management easy!*

*- Jesi Stracham, SCI, Wellspect Ambassador, Navina Smart and LoFric Elle user.*



# THE NAVINA BOWEL CARE ASSORTMENT



## Navina Irrigation System – Easy and intuitive high volume transanal irrigation

Navina Irrigation System, an easy to use, high volume transanal irrigation solution which prevents constipation and/or bowel leakage. Comes with manual or electronic control and interchangeable consumables.



## Navina Smart - Innovative transanal irrigation with the touch of a button

Navina Smart, an innovative and proven solution that performs precise, consistent, safe and controlled transanal irrigation with just the touch of a button.



## Navina Classic – Transanal irrigation made simple

Navina Classic makes transanal irrigation simple. An effective and reliable way to perform TAI with a manual handheld pump.



## Navina Mini - A small solution for instant results

An intuitive low-volume irrigation solution to ease symptoms like incomplete emptying and/or soiling.



## Wellspect With You

Wellspect With You is our comprehensive service offer that gives you and your patients training and support.



# NAVINA IRRIGATION SYSTEM

## Easy and intuitive high volume transanal irrigation

Navina Irrigation System is an easy to use high volume irrigation solution which prevents constipation and/or bowel leakage. The system comes with manual or electronic control. By using Navina Irrigation System, users can achieve a regular bowel routine and benefit from the increased freedom that this brings.

As with all Navina products, Navina Irrigation System is easy to teach and learn, with a straight forward and intuitive design. The manual or electronic control offers flexibility to meet the needs of each user, regardless of physical limitations, such as hand function.

The Navina balloon catheters are available in two sizes: **regular**, for adults, and **small**, from 12 years of age. There is also a **cone** catheter available from 2 years of age.

### Why the Navina Irrigation System?

- ✓ Simple control units.
- ✓ User-friendly and stable water container.
- ✓ Tubes that are detachable and easy to clean and store.
- ✓ All consumables are interchangeable between Smart and Classic control units.



Scan QR code for more information, such as instruction videos, manuals and frequently asked questions!



## NAVINA SMART

### Innovative transanal irrigation with the touch of a button

Navina Smart effectively performs transanal irrigation through an innovative and proven solution for those who need or prefer an electronic control unit. For many, the use of a manual pump is not an option due to reduced hand function. Navina Smart offers an electronic solution with buttons, which requires less physical effort and coordination and gives more users independence to perform TAI on their own.

It is easy to learn and practical to use. Navina Smart has a built-in safety feature for maximum balloon size, water volume and water flow rate. It will also allow you to easily follow the irrigation steps during the procedure. Once the personal settings are made, Navina Smart will deliver the same irrigation, every time.

- ✓ Consistent irrigations, every time, with built-in safety features for balloon size, water volume and flow rate.
- ✓ Easy controlling with buttons instead of a manual pump, which can be helpful for those with reduced hand function.
- ✓ Control unit can be used for 400 treatments, or for two years from the date of first use.

### Navina Smart app

Navina Smart comes with an app that allows the user to track and record their settings and progress in order to optimize their routine or share with you as a healthcare professional. All data from the latest irrigation, such as balloon size, amount of water, waterflow rate and duration, can be transmitted to the Navina Smart app via Bluetooth.



## NAVINA CLASSIC

### Transanal irrigation made simple

Navina Classic was developed together with users and HCPs with one goal: to make transanal irrigation simple.

The manual control unit is intuitive and easy to teach, with color-coded connectors and descriptive symbols. Navina Classic is reliable and is controlled by two separate hand pumps which regulate the inflation of the balloon and instillation of water respectively.

- Easy to assemble and use.
- Reliable, manual control.
- Control unit can be used for 100 treatments.





### Catheters & Cone

- Navina balloon catheters are available in two sizes: Regular, for adults, and Small, from 12 years of age.
- The Navina balloon catheters are flexible, the balloon seals the rectum and ensures the catheter stays in place.
- The cone shaped catheter is designed for easy insertion and minimized leakage. This is also available from 2 years.
- All rectal catheters are made of soft and flexible material with a slippery hydrophilic surface for easy insertion and withdrawal.

### Water Container

- Sturdy and stable 1.5 liter container, yet collapsible to require minimal storage space when not used.
- Two scales make it easy both to fill up desired volume and to follow the instilled amount of water.
- Lid designed to be easily opened and closed, even with reduced hand function.
- Practical strap for lifting and hanging of the water container.
- Integrated lid (no assembly needed).



Practical Navina case for storage and traveling.

### Accessories

- Grip rings for attachment to the tube if increased grip is needed when inserting the catheter.
- Lanyard for convenient suspension of the control units around the neck.
- Positioning strap/clip making it possible to attach the control units to a leg or arm.

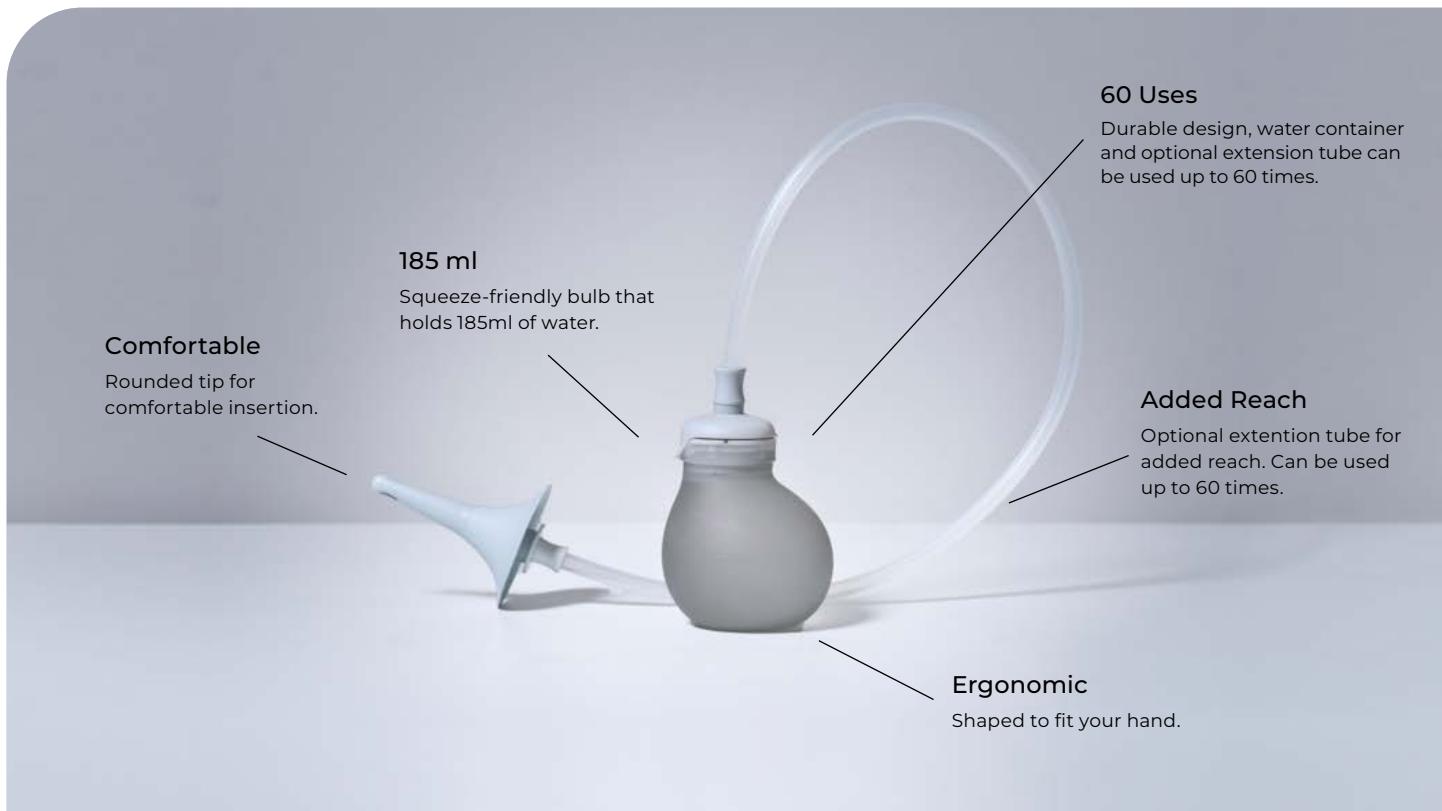


### Tube-set

- Color coded connectors to facilitate assembly.
- Flexible yet robust water and air tubes.
- Easy to clean.

Reference	Product	Specification	Uses
6910540	Navina Classic System	1 Navina Classic control unit 1 Water container 1 Tube set 1 Accessory set 1 Navina case	100 15 100 Multiple use Multiple use
6910640	Navina Classic System Refill	1 Navina Classic control unit 1 Water container 1 Tube set	100 15 100
6910940	Navina Smart System	1 Navina Smart control nit 1 Power adapter 1 Cable 1 Water container 1 Tube set 1 Navina case 1 Accessory set	400 uses* Multiple use Multiple use 15 100 Multiple use Multiple use
6900340 6900440 6901640	Navina Consumble Set Regular Navina Consumble Set Small Navina Consumble Set Cone	1 Water container 15 Rectal catheters	15 Single use
6894040 6894340 6894640	Navina Catheter Set Regular Navina Catheter Set Small Navina Catheter Set Cone	10 Rectal catheters	Single use
6901140	Navina Tube Set	1 Catheter tube 1 Water container tube	100 100
6901200	Navina Accessories	2 Grip rings (1 vertical, 1 horizontal) 1 Lanyard 1 Positioning strap 1 Navina Smart positioning clip	Multiple use Multiple use Multiple use Multiple use
6901340	Navina Classic Control Unit	1 Navina Classic control unit	100
6901440	Navina Smart Control Unit	1 Navina Smart control unit	400 uses*
6901500	Navina Smart Power Adapter and Cable	1 Power adapter, 1 Cable	Multiple use

\*or two years from the date of the first use.



## NAVINA MINI

### A small solution for instant results

For patients experiencing mild bowel dysfunction, such as incomplete emptying or occasional soiling, Navina Mini offers a discreet and intuitive low-volume irrigation option. It provides a gentle flush of water to clear the lower rectum, delivering immediate symptom relief.

Navina Mini can be particularly useful in cases where high-volume transanal irrigation (TAI) may not be necessary or feasible. It serves as an alternative for patients who:

- Have mild symptoms that do not require full high volume TAI therapy.
- Are hesitant to start high-volume irrigation and need a simpler first step.
- Face insurance limitations that restrict access to high-volume TAI systems.

With a 185ml squeeze-friendly bulb, a rounded-tip cone for comfortable insertion, and an optional extension tube for added reach, Navina Mini is designed for ease of use. Additionally, it is available without a prescription and can be purchased over the counter, making it an accessible option for patients in need of symptom relief.

Navina Mini offers healthcare professionals an alternative tool to support patients in managing their bowel symptoms effectively, whether as a stepping stone to high-volume TAI or as a standalone solution for those with milder needs.

- ✓ Discreet and intuitive.
- ✓ Durable design with 60 uses.
- ✓ Rounded tip for comfortable insertion.

## Product range:



### Navina Mini Start Set

Low-volume irrigation system for instant relief.  
Includes 1 Water Container, 1 Extension Tube, and 5 Rectal Cones.



### Navina Mini Set

Low-volume irrigation system for instant relief.  
Includes 1 Water Container and 5 Rectal Cones.



### Navina Mini Extension Set

Low-volume irrigation system for instant relief.  
Includes 1 Water Container, 1 Extension Tube, and 5 Rectal Cones.



### Navina Mini Refill Set

Refill set of for Navina Mini low-volume irrigation system.  
Includes 30 Rectal Cones.

Navina Mini is available on Amazon.  
Scan QR code to learn more.



# NAVINA BOWEL CARE

## A product for every need

This overview can facilitate selection and show the potential use of Navina Bowel Care products.

*Patients should always be assessed individually by a healthcare professional for their suitability to use Navina Bowel Care products.*

Product description	Use	Benefit	Symptoms / examples of conditions	Features
	Navina Mini Device for low-volume irrigation	To start or complete defecation and clear the rectum.	Able to clear out last remaining bits of stool to prevent leakage or the uncomfortable sensation of incomplete emptying.	<ul style="list-style-type: none"> <li>• Fecal incontinence</li> <li>• Evacuation difficulties</li> <li>• Incomplete evacuation</li> <li>• Rectocele</li> <li>• LARS</li> </ul>
	Navina Classic			<ul style="list-style-type: none"> <li>• Neurogenic bowel disorders (SCI, MS, Parkinson's disease, spina bifida, cauda equina)</li> <li>• Constipation (idiopathic, slow transit, opioid-induced)</li> <li>• Urge fecal incontinence</li> </ul>
	Navina Irrigation System for high-volume TAI Navina Smart	To empty the rectum and descending colon thus keeping the rectum empty up to 2 days. <sup>(1)</sup>	A larger clear out of stool for prevention of constipation and fecal incontinence.	<ul style="list-style-type: none"> <li>• Congenital bowel disorders (ARM, Hirschsprung, cerebral disorders)</li> <li>• Electronic control unit</li> <li>• Easy touch buttons</li> <li>• Less physical effort and coordination required</li> </ul>

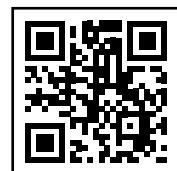
1. Christensen et al., Dis Colon Rectum 2003

# WELLSPECT WITH YOU WE ARE HERE FOR YOU

When choosing Wellspect you get much more than just high-quality products. Wellspect With You is our comprehensive service offer that gives you training and support. No matter if you need support in your professional role or if your patients are using our products, you and your patients can get quick assistance over the phone or online, as well as in person. We have a wide range of services, from training and education, to home delivery and customer service.

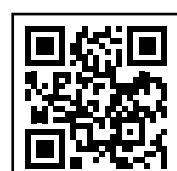
## Wellspect Education

If you're looking to deepen your knowledge of continence care or gain specific insights into our products, we're here to help. Wellspect Education, our online learning platform, offers a comprehensive collection of the latest research, literature, webinars, courses, and downloadable resources on bladder and bowel care. Explore expert-led content designed to support your clinical practice and enhance patient outcomes.



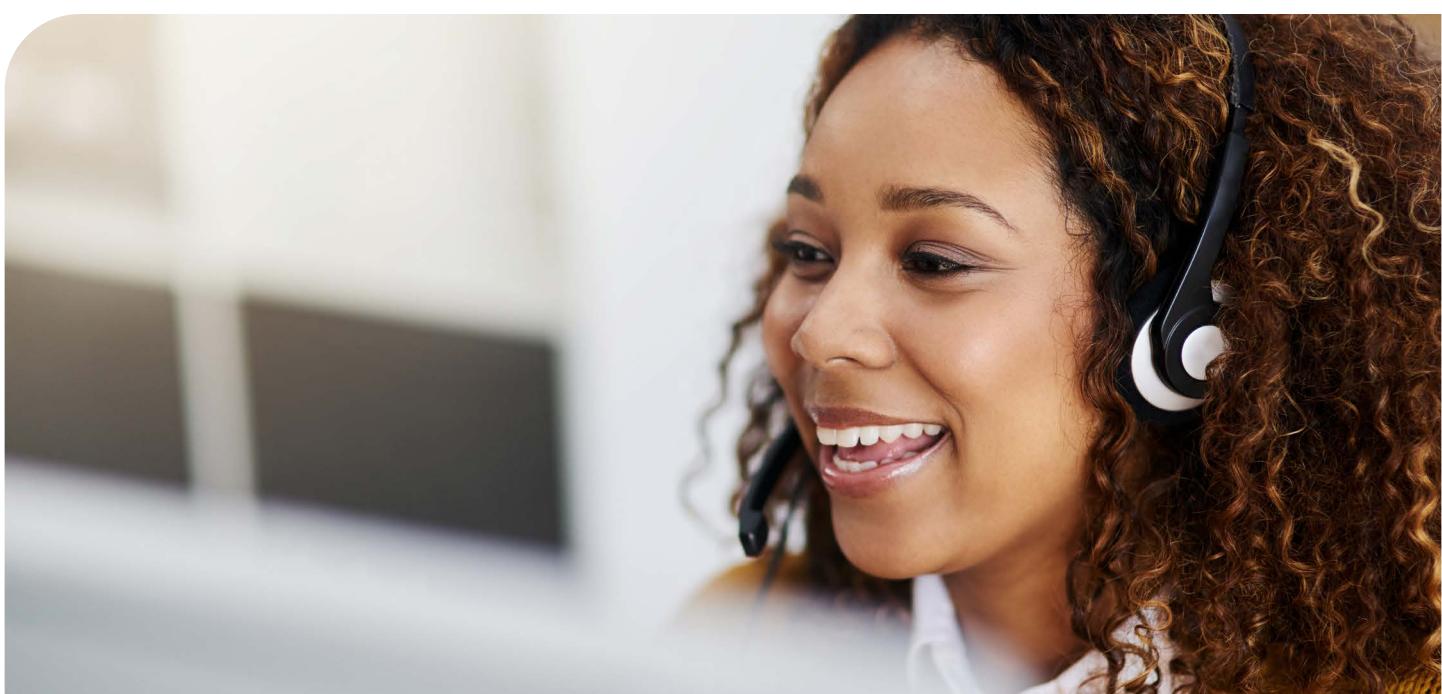
## Nursing Service

If you or your patients have any questions about Intermittent Catheterization (IC), Transanal Irrigation (TAI), or our products, our specialized continence nurses are here to help. They provide expert guidance, training, and support whenever needed. With extensive experience in continence care and in-depth knowledge of the Wellspect range, including LoFric catheters and Navina bowel care, they are ready to assist you in delivering the best possible care.



## Patient Support

In addition to our support for healthcare professionals, we also offer direct assistance for your patients. When you prescribe a Wellspect product, your patients gain access to our continued training, peer-to-peer support, and expert technical assistance. Our goal is to make life easier for both you and your patients by providing the extra support needed—helping to ensure confidence in their therapy, while saving you valuable time.



At Wellspect we develop innovative continence care solutions that improve quality of life for people with bladder and bowel problems. We inspire our users to build self-confidence and independence as well as good health and well-being. We have been leading the industry for over 40 years with our product brands LoFric® and Navina™. We always aim to minimize the environmental impact of our products and passionately strive to become climate neutral. We work together with users and healthcare professionals to improve clinical outcome in a sustainable way, now and for the future.

#### Wellspect. A Real Difference.

For more information about our products and services, please visit [wellspect.us](http://wellspect.us).

Join the conversation on LinkedIn, Facebook and Instagram.

#### [wellspect.us](http://wellspect.us)

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#### Navina Irrigation System

##### **Intended use**

Navina Irrigation System is intended for Transanal Irrigation by instilling water up into the lower part of the colon through a rectal catheter.

##### **Indications**

The Navina Irrigation System is indicated to help adults and children from 2 years who suffer from fecal incontinence, chronic constipation, and/or time consuming bowel management. By instilling water up into the lower part of the colon, the peristaltic muscles in the bowel can be triggered and start to evacuate the content of the lower colon and rectum.

##### **Contraindications**

**Do NOT** use Navina Irrigation System if you have one or more of the following:

- Known anal or colorectal stenosis
- Active inflammatory bowel disease
- Acute diverticulitis
- Colorectal cancer
- Ischemic colitis
- You are within three months of anal or colorectal surgery
- You are within 4 weeks of previous endoscopic polypectomy

As the list may not be exhaustive, healthcare professionals will always consider individual user factors as well. Before use see Instructions for Use.



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Rx Only