

## Instructions for Safe n Simple Skin Barrier Sheet

Protects the skin from stoma output  
and trauma caused by adhesives



### **Apply underneath the wafer/pouch:**

Create a smooth platform for your pouch

1. Prepare the skin and make sure it is clean and dry using a Peri-Stoma Cleanser and Adhesive Remover wipe
2. A skin barrier wipe or spray is suggested to protect your skin. Allow barrier wipe to dry
3. Open the plastic package and remove the sheet
4. Cut a hole in the center to fit around the base of your stoma
5. Remove the white paper backing from the skin barrier sheet
6. Place the skin barrier sheet directly on the skin around the stoma
7. Use your fingertips to smooth and press the skin barrier sheet onto the skin to form a secure seal
6. Apply the ostomy wafer/pouch

**Ingredients:** Polyethylene, Silicone Release Paper, Styrene, Polymer with isoprene, Polyisobutylene, Gelatin, Pectin, Carboxymethylcellulose (cellulose, carboxymethyl ether, sodium salt), Mineral Oil, unspecified, Synthetic Resin staybelite ester 10E